The Physical Activity Referral Scheme (PARS) Taxonomy
Level 2: Scheme characteristics

Staff structure And behaviour Change

Staff qualifications	Staff structure	Based on Behaviour change Theory	Includes Behaviour change Techniques
PARS qualification	Contracted	Yes	Yes
Condition specific Qualification	Self employed		
	Volunteers	No	No
Other	Other		

Referral process

Referral source	Referrers	Referral process
Primary care	General practitioner	Email
Secondary care	Practice nurse	Printed and mailed To PARS
Tertiary care	Rehabilitation professional	Printed and given to Participant to take to PARS
Self-referral	Self-referral	Online portal
Other	Social prescriber	Other

Physical activity sessions

Scheme duration	Session frequency	Session length	Session time
Number of weeks	Number of sessions Per participant Per week	Define Session Length	Morning
Total number of Sessions			Afternoon
			Evening
No defined length			Weekday
			Weekend

Session type

PARS-supervised group-based sessions	Condition specific PARS-supervised sessions
PARS-supervised individual sessions	Independent PA choices without assessment
Independent PA following assessment	PA education sessions
Generic PARS-supervised sessions (all conditions)	Technology-based support
	Other

Exit

Exit routes	Action for non-attendance
Formal exit route (defined session for completers)	Letter
	Technology-based support
Signposting to other activities	Telephone
Open ended (no exit route required)	Text
	Other
No exit route	No contact

Other

Baseline Assessment	Exit Assessment	Feedback to Referrer	Exclusion Criteria
Yes	Yes	Yes	Yes (detail)
No	No	No	No